

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Multigenics® Intensive Care without Iron

180 Tablets

Advanced Nutritional Support Designed for Optimal Health\*

**Serving Size:**

6 Tablets

Ingredient	Amount	Daily Value
Vitamin A [85% (6375 IU) as beta-carotene <sup>†</sup> and 15% (1125 IU) as retinyl acetate]	7500 IU	150%
Vitamin C (as ascorbic acid)	900 mg	1500%
Vitamin D (as cholecalciferol)	300 IU	75%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	150 IU	500%
Thiamin (as thiamin mononitrate)	22.5 mg	1500%
Riboflavin	25.5 mg	1500%
Niacin (as niacinamide and niacin)	315 mg	1575%
Vitamin B <sub>6</sub> (as pyridoxine HCl)	30 mg	1500%
Folate (as calcium L-5-methyltetrahydrofolate <sup>††</sup> )	600 mcg	150%
Vitamin B <sub>12</sub> (as methylcobalamin)	150 mcg	2500%
Biotin	150 mcg	50%
Pantothenic Acid (as D-calcium pantothenate)	150 mg	1500%
Calcium (as calcium citrate and microcrystalline hydroxyapatite concentrate)	375 mg	38%
Phosphorus (as microcrystalline hydroxyapatite concentrate)	62 mg	6%
Iodine (as potassium iodide)	114 mcg	76%
Magnesium (as magnesium bis-glycinate and magnesium citrate)	187.5 mg	47%



Ingredients continue:



Genetic Potential Through Nutrition

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Ingredients continued:

Ingredient	Amount	Daily Value
Zinc (as zinc citrate)	15.5 mg	104%
Selenium (as selenium aspartate)	150 mcg	214%
Copper (as copper citrate)	1.5 mg	75%
Manganese (as manganese citrate)	0.75 mg	38%
Chromium (as chromium citrate)	150 mcg	125%
Molybdenum (as molybdenum aspartate)	78 mcg	104%
Potassium (as potassium aspartate)	74.25 mg	2%
Betaine HCl	131.25 mg	*
Choline (as choline bitartrate)	93.75 mg	*
Inositol	90 mg	*
Citrus Bioflavonoid Complex	75 mg	*
<i>para</i> -Aminobenzoic Acid (PABA)	37.5 mg	*
Quercetin	18.75 mg	*
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	4.28 mg	*
Gamma Tocopherol (as mixed tocopherols)	100.5 mg	*

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).



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**DIRECTIONS:** Take six tablets daily with meals or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**WARNING:** Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day. If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use.

**CAUTION:** Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

†Caro-xan™, a proprietary blend of beta-carotene and Betatene® mixed carotenoids.

††As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

**Multigenics® Intensive Care without Iron** is a potent yet gentle vitamin and mineral formula that features high quality ingredients designed for optimal absorption and bioavailability. Rapid tablet disintegration allows quick release of the micronutrients. This comprehensive formula is suitable for adolescents, adults, and seniors, and features:\*

Calcium L-5-methyltetrahydrofolate—a body-ready, nature identical folate.

Alpha- and gamma-tocopherols in one-to-one ratio.

Select nutrients to support healthy liver and adrenal function.

Caro-xan™, our proprietary blend of beta-carotene and Betatene® mixed carotenoids for balanced antioxidant protection.