

## Multigenics® Intensive Care

180 Tablets

Advanced Nutritional Support Designed for Optimal Health\*

### Serving Size:

6 Tablets

Ingredient	Amount	Daily Value
Vitamin A [85% (6375 IU) as beta-carotene <sup>†</sup> and 15% (1125 IU) as retinyl acetate]	7,500 IU	150%
Vitamin C (as ascorbic acid)	900 mg	1,500%
Vitamin D (as cholecalciferol)	300 IU	75%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	150 IU	500%
Thiamin (as thiamin mononitrate)	22.5 mg	1,500%
Riboflavin	25.5 mg	1,500%
Niacin (as niacinamide and niacin)	315 mg	1,575%
Vitamin B <sub>6</sub> (as pyridoxine HCl)	30 mg	1,500%
Folate (as calcium L-5-methyltetrahydrofolate <sup>††</sup> )	600 mcg	150%
Vitamin B <sub>12</sub> (as methylcobalamin)	150 mcg	2,500%
Biotin	150 mcg	50%
Pantothenic Acid (as D-calcium pantothenate)	150 mg	1,500%
Calcium (as calcium citrate and microcrystalline hydroxyapatite concentrate)	375 mg	38%
Iron (as iron bis-glycinate)	7.5 mg	42%
Phosphorus (as microcrystalline hydroxyapatite concentrate)	62 mg	6%
Iodine (as potassium iodide)	114 mcg	76%
Magnesium (as magnesium bis-glycinate and magnesium citrate)	187.5 mg	47%



Ingredients continue:



Genetic Potential Through Nutrition

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Ingredients continued:

Ingredient	Amount	Daily Value
Zinc (as zinc citrate)	15.5 mg	104%
Selenium (as selenium aspartate)	150 mcg	214%
Copper (as copper citrate)	1.5 mg	75%
Manganese (as manganese citrate)	0.75 mg	38%
Chromium (as chromium citrate)	150 mcg	125%
Molybdenum (as molybdenum aspartate)	78 mcg	104%
Potassium (as potassium aspartate)	74.25 mg	2%
Quercetin	18.75 mg	*
Betaine HCl	131.25 mg	*
Choline (as choline bitartrate)	93.75 mg	*
Inositol	90 mg	*
Citrus Bioflavonoid Complex	75 mg	*
<i>para</i> -Aminobenzoic Acid (PABA)	37.5 mg	*
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	4.28 mg	*
Gamma Tocopherol (as mixed tocopherols)	100.5 mg	*

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).



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**Direction:** Take six tablets daily with meals or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Warning:** Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day. If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use.

**Storage:** Keep tightly closed in a cool, dry place.

**WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.**

†Caro-xan™, a proprietary blend of beta-carotene and Betatene® mixed carotenoids.

††As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

\*Daily Value not established.

**Multigenics Intensive Care** features the same high quality ingredients found in Multigenics®, but is designed for enhanced absorption and bioavailability.

### **Benefits:**

Delivers 300 IU of vitamin D for those with reduced intake, less efficient intestinal absorption, or reduced biosynthesis of this important vitamin

Delivers comprehensive bone support by featuring the mineral complex and organic factors contained in microcrystalline hydroxyapatite concentrate (MCHC), and a 2:1 ratio of calcium to magnesium\*

Features calcium L-5-methyltetrahydrofolate —a body-ready, nature-identical folate\*