



\*These statements have not been evaluated by the Food and Drug Administration  
These products are not intended to diagnose, treat, cure or prevent any disease.



## Melatonin Liquid – Lemon Flavor - 2 fl oz

Support for the Sleep Cycle\* - Fructose Free

**Melatonin** is a hormone produced by the pineal gland of mammals and reaches peak levels at night. Studies show that it may be associated with the regulation of the sleep/wake cycles.\* Melatonin is a potent antioxidant that defends against free radicals and helps to support glutathione activity in the neural tissue.\* When dissolved in the mouth, melatonin may go directly to the brain and bypass the liver causing it to work quickly and effectively.\*

**Serving Size: 1 Dropper (1 ml)**  
**Servings Per Container: 60**

**One Dropper Contains:**

Melatonin ..... 3 mg

**Other Ingredients:** Demineralized water, vegetable glycerin, natural lemon flavor, citric acid.

**Free of:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

**Does not contain artificial flavors, colors or sweeteners.**

**Directions:** Shake well. Take one full dropper (1 ml) just prior to bedtime as needed or as directed by your healthcare practitioner.

