



*These statements have not been evaluated by the Food and Drug Administration
These products are not intended to diagnose, treat, cure or prevent any disease.



Melatonin 3 mg Lozenges - 60 loz

3 mg Peppermint Lozenges to Support the Sleep Cycle*

Melatonin is a hormone produced by the pineal gland of mammals and reaches peak levels at night. Studies show that it may be associated with the regulation of the sleep/wake cycles.* Melatonin is a potent antioxidant that defends against free radicals and helps to support glutathione activity in the neural tissue.* This melatonin is provided in convenient, peppermint-flavored lozenges. When dissolved in the mouth, melatonin may go directly to the brain and bypass the liver causing it to work quickly and effectively.*

Serving Size: 1 Lozenge
Servings Per Container: 60

One Lozenge Contains:

Vitamin B-6 (as pyridoxine HCl)	3 mg
Melatonin	3 mg

Other Ingredients: Fructose, cellulose, stearic acid (vegetable source), mannitol, natural peppermint flavor, sorbitol, magnesium stearate (vegetable source).

Free of: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Does not contain artificial colors, sweeteners or preservatives.

Directions: Chew or hold one lozenge in mouth just prior to bedtime as needed or as directed by your healthcare practitioner.

