

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Wellness Essentials® Men's Vitality

30 Packets

Personalized Nutrition with Targeted Support for Men's Health\*

**Serving Size:**

1 Packet

Ingredient	Amount	Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Cholesterol	less than 5 mg	<2%*
Vitamin A [50% as mixed carotenoids and 50% as retinyl acetate]	5,000 IU	100%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	60 mg	100%
Vitamin D <sub>3</sub> (as cholecalciferol)	875 IU	219%
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	167%
Vitamin K (as phytonadione)	60 mcg	75%
Thiamin (as thiamin mononitrate)	12.5 mg	833%
Riboflavin	7.5 mg	441%
Niacin (as niacinamide and niacin)	25 mg	125%
Vitamin B <sub>6</sub> (as pyridoxine HCl)	37.5 mg	1,875%
Folate (as calcium L-5-methyltetrahydrofolate)	600 mcg	150%
Vitamin B <sub>12</sub> (as methylcobalamin)	115 mcg	1,917%
Biotin	250 mcg	83%
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg	375%



Ingredients continue:



Genetic Potential Through Nutrition

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### Ingredients continued:

Ingredient	Amount	Daily Value
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium citrate)	20 mg	5%
Zinc (as zinc arginate, zinc glycinate, and zinc citrate)	30 mg	200%
Selenium (as selenium aspartate and selenomethionine)	150 mcg	214%
Copper (as copper citrate)	0.5 mg	25%
Manganese (as manganese citrate)	0.25 mg	13%
Chromium (as chromium polynicotinate)	100 mcg	83%
Molybdenum (as molybdenum aspartate complex)	25 mcg	33%
Tribulus ( <i>Tribulus terrestris</i> ) Fruit 10:1 Extract (containing saponins)	250 mg	**
Ashwagandha ( <i>Withania somnifera</i> ) Root 15:1 Extract (containing withanolides)	200 mg	**
Cowage ( <i>Mucuna pruriens</i> ) Seed Extract [standardized to 20% (10 mg) levodopa]	50 mg	**
Choline (as choline bitartrate)	12.5 mg	**
Inositol	12.5 mg	**
Lycopene	8 mg	**
Zeaxanthin	1 mg	**
Lutein	3 mg	**
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	5 mg	**

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### Ingredients continued:

Ingredient	Amount	Daily Value
Proprietary <u>Phytonutrient Blend of:</u>	200 mg	**
Citrus bioflavonoid complex [standardized to 45% hesperidin],		
green coffee bean extract [standardized to 45% chlorogenic acid],		
pomegranate whole fruit extract [standardized to 21.6 mg gallic acid equivalent (GAE)],		
grape seed extract [standardized to 90% polyphenols],		
blueberry ( <i>Vaccinium</i> spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins],		
green tea leaf extract [standardized to 60% catechins and 40% EGCG],		
bitter melon fruit extract [standardized to 5% bitter principles],		
prune skin extract [standardized to 50% polyphenols],		
watercress aerial parts 4:1 extract,		
Chinese cinnamon ( <i>Cinnamomum cassia</i> ) bark powder,		
Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins],		
rosemary extract [standardized to 11% min phenolic diterpenes and 7.6% min sum of carnosol+carnosic acid],		
artichoke leaf extract [containing cynarin and chlorogenic acid]		
<b>Marine Lipid Concentrate</b>	<b>2 g</b>	<b>**</b>
EPA (Eicosapentaenoic acid)	600 mg	**
DHA (Docosahexaenoic acid)	400 mg	**

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### Ingredients continued:

Ingredient	Amount	Daily Value
Soybean Concentrate†	62.5 mg	**
Total Isoflavones (containing all forms of genistin, daidzin, and glycitin)	25 mg	**
Phytosterols (containing beta-sitosterol, stigmasterol, campesterol, and other plant sterols)	50 mg	**
Lignans [as secoisolariciresinol diglucosides, (SDG)] [from 125 mg flaxseed extract ( <i>Linum usitalissimum</i> )]	25 mg	**
Decaffeinated†† Green Tea ( <i>Camellia sinensis</i> ) Leaf Extract [standardized to 60% (100 mg) catechins and 40% (67 mg) epigallocatechingallate (EGCG)]	167 mg	**
Oleonic Acid [from olive ( <i>Olea europaea</i> ) leaf extract]	5 mg	**
Turmeric ( <i>Curcuma longa</i> ) Rhizome Extract [standardized to 95% (75 mg) curcuminoids]	79 mg	**
Betaine (as betaine HCl)	37.5 mg	**

**Each packet contains:** 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 1 Testralin tablet (green), 1 Zinc A.G. tablet (cream), and 1 HisSynergy tablet (brown).

**Directions:** Take one packet daily or as directed by your healthcare practitioner.

**Warning:** If taking medication or other nutritional supplements, consult your healthcare practitioner. Keep out of the reach of children. Contains fish oil. Do not use if allergic to fish or fish oil.

**Storage:** Keep in a cool, dry place.

Products included are gluten free.

† Derived from non-genetically engineered, identity-preserved soybeans.

†† Contains no more than 4% caffeine.



Genetic Potential Through Nutrition

**PhytoMulti:**

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides , hydroxypropylcellulose, and sodium copper chlorophyllin).

**OmegaGenics EPA-DHA 500:**

Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

**Testralin:**

Ingredients: Decaffeinated<sup>††</sup> green tea leaf extract, microcrystalline cellulose, flax seed extract, turmeric rhizome extract, stearic acid (vegetable), soy isoflavones (soy), phytosterols (soy), lycopene, betaine HCl, croscarmellose sodium, calcium silicate, pyridoxine HCl, cellulose, selenomethionine, silica, zinc citrate, oleanolic acid, cholecalciferol, folic acid, methylcobalamine, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin). **Contains: Soy.**

**HisSynergy:**

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Zinc A. G.:**

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and magnesium stearate (vegetable).

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**Wellness Essentials Men's Vitality** is formulated to target vitality and libido , as well as support masculine functions and maintain overall health.\*

**Benefits:**

**Multifaceted health support:** PhytoMulti<sup>®</sup> is the “smart multi” with essential nutrients and a proprietary blend of concentrated extracts and phytonutrients to help protect cells and maintain DNA stability—activating health potential like no other supplement\*

**Libido and healthy sexual function support:** HisSynergy<sup>™</sup> provides premium nutritional support for healthy male sexual function, libido, stress resilience, and vitality\*

**Testosterone and prostate health support:** Testralin<sup>®</sup> provides key ingredients that may help promote healthy hormone balance \*

**Prostate, immune, and reproductive health support:** Zinc A.G.<sup>™</sup> is designed to be highly absorbable as a true amino chelate to help maintain prostate, immune, and male reproductive health\*

**Heart health, mood, and overall health support:** OmegaGenics<sup>®</sup> EPA - DHA 500 is a quality-guaranteed omega-3 fatty acid formula manufactured and third-party tested to ensure greater purity\*