

Exhilarin®

60 Tablets

Mental Clarity Support*

Serving Size:

2 Tablets

Ingredient	Amount	Daily Value
A proprietary blend of herbal extracts:	1230 mg	*
Holy Basil (<i>Ocimum sanctum</i>) Leaf 8:1 Extract (containing urosolic		
Ashwagandha (<i>Withania somnifera</i>) Root 15:1 Extract (containing withanolides),		
withanolides), Amla (<i>Embllica officinalis</i>) Fruit 5:1 Extract (contai		
containing tannins), Bacopa (<i>Bacopa monniera</i>) whole plant 8:1 Extract		
(containing bacosides A & B)		



Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free and vegetarian.

Caution: Do not use if pregnant or nursing. If taking medication, consult your healthcare practitioner before use.

Exhilarin is a classic blend of adaptogenic herbs traditionally used in Ayurvedic medicine to increase stress tolerance and help maintain mental acuity.*

Benefits:

Ayurvedic medicine traditionally used to address mental fatigue associated with stress*

For individuals who are susceptible to becoming run down due to a hectic lifestyle and poor diet*

Herbs to address multiple body systems involved in the stress response*

Ideal for those who are "stressed and tired"*

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Q. How does Exhilarin® compare to other products or approaches?

This product contains only natural ingredients for a safer approach. It provides botanicals with time-tested traditional use that suggest value in modern clinical experience for strategic stress response support. Herbal supplements often come with added quality concerns, but Metagenics takes added measures on all herbal products for quality assurance. This formula is also suitable for vegetarian use.*

Q. How does Exhilarin® work?

It provides a classic blend of adaptogenic herbs used in Ayurvedic medicine to support cognitive function and address mental fatigue associated with elevated levels of stress hormones. These herbs have been traditionally used to increase stress tolerance and help maintain mental sharpness.*

Q. How long is Exhilarin® typically recommended?

This formula was designed for strategic, short-term support for cognitive function during times of stress. Individual results and recommendations may vary based on your individual needs. For best results, follow your health care professional's guidelines.*

Q. Who would benefit from Exhilarin®?

Health care professionals typically recommend this product for those who are "stressed and mentally exhausted." This formula may be ideal for those susceptible to becoming run down from a hectic lifestyle or poor diet.*

Q. Why is Exhilarin® safe?

It contains a blend of natural ingredients with an excellent safety profile. Plus, Metagenics' manufacturing facility has 3 certifications for good manufacturing practices to ensure the highest quality. For a higher degree of reliability and predicted safety, Metagenics herbal formulas are evaluated by our MetaBotanica® Method to assure quality and the presence of active factors for optimal effectiveness.*