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COQ10 30 MG

Supplement Facts		
Serving Size 1 Soft Gel		
	Amount Per Soft Gel	% DV
Vitamin E (as d-alpha tocopherol)	1 IU	3%
Co-Q ₁₀ (coenzyme Q ₁₀)	30 mg	**
** Daily Value (DV) not established		

Other Ingredients: Sunflower oil, beeswax, soy lecithin. Soft Gel Shell: Beef gelatin, glycerin, water, titanium dioxide, annatto.

8210-1b



- Promotes healthy normal energy levels and optimal cardiovascular function
- 30 mg of 100% natural all-trans CoQ10
- Freshness, potency, and purity guaranteed

Co-enzyme Q10 (CoQ10) is like the spark plug for your car's engine. Without a spark plug to ignite the fuel, an engine can't run. In the human body this fuel is called Adenosine Tri Phosphate (ATP), and it is produced primarily through the coenzymatic activity of CoQ10. Without CoQ10, your cells can't adequately produce the energy needed to stay healthy. Although our bodies naturally produce CoQ10, there are multiple reasons why this production may not be adequate such as increasing age and poor diet. Supplementing with Carlson CoQ10 can help to restore optimal CoQ10 levels within the body to maintain healthy normal cellular energy levels.

Carlson CoQ10 contains only the all-trans form of CoQ10 produced through a natural fermentation process. The all-trans form of CoQ10 is considered to be the best, most natural and most bioavailable form of CoQ10 available. Due to CoQ10's oil-soluble nature, oil-filled soft gels enhance absorption.

This product is tested by an independent, FDA-registered laboratory for freshness, potency, and purity.



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