

Attencia®

60 Softgel

Supports Focus & Cognitive Performance*

Serving Size:

1 Softgel



Ingredient	Amount	Daily Value
Calories	10	
Total Fat	1 g	2%*
Zinc (as zinc citrate)	7.5 mg	50%
Natural Marine Lipid Concentrate	400 mg	**
Eicosapentaenoic Acid (EPA)	60 mg	**
Docosahexaenoic Acid (DHA)	156 mg	**
Other Omega-3 Fatty Acids	120 mg	**
Borage Seed Oil (providing 60 mg gamma-linolenic acid)	300 mg	**
A Proprietary Blend of:	175 mg	**
Caffeine [from green coffee bean (<i>Coffea canephora</i>)],		
Green Coffee (<i>Coffea canephora</i>) Bean Extract,		
Guarana (<i>Paullina cupana</i>) Seed Extract [providing 100 mg total caffeine, 16.5 mg polyphenols, and 13 mg chlorogenic acid]		
L-Theanine	100 mg	**



Genetic Potential Through Nutrition

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*

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Other Ingredients: Gelatin, glycerin, water, beeswax, sunflower lecithin, caramel (color), zinc oxide (color), and annatto extract (color). **Contains: Fish (anchovy, sardine, tuna, and mackerel).**

Directions: Take one softgel twice daily with food or as directed by your healthcare practitioner.

This product is gluten free.

Warning: Do not use if pregnant or nursing, or if sensitive to caffeine. Not recommended for use by children under 18 years of age.

Caution: Contains 100 mg of caffeine per serving comparable to 4-5 ounces of coffee. Limit caffeine products to avoid nervousness, sleeplessness, and occasional rapid heartbeat. If taking medication—including blood thinning medication—consult your healthcare practitioner before use. Do not use before surgery. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

This product is manufactured in a facility that produces products containing wheat, milk, egg, soy, tree nuts, crustacean shellfish, and gluten ingredients.

Attencia is scientifically formulated to promote attention and focus with caffeine from phytonutrient -rich green coffee bean extract and guarana extract—combined with L-theanine, omega fatty acids, and zinc to support alertness and cognitive performance.*

Benefits:

L-theanine and caffeine, in combination have been shown to promote alertness, focus, and cognitive performance*

Preliminary research suggests that L-theanine in combination with caffeine enhances alertness more than caffeine alone*

Caffeine acts as an excitatory neurostimulant and has been shown to possess beneficial effects on psychomotor function and mood*

Contains 100 mg caffeine per softgel

Guarana is an herb traditionally used for supporting cognitive performance*

Features the combined supportive benefits of omega-3s and omega-6s*

Delivers zinc, which plays a role in the metabolism of neurotransmitters*