

Adreset®

60 Capsules

Relief for Stress-Related Fatigue*

Serving Size:

2 Capsules†

Ingredient	Amount	Daily Value
Cordyceps Mycelium (<i>Paecilomyces hepiali</i> Chen ^{††}) Extract [standardized to 4% (32 mg) cordycepic acid and 0.25% (2 mg) adenosine]	800 mg	*
Asian Ginseng (<i>Panax ginseng</i>) Root Extract [standardized to 8% (32 mg) ginsenosides]	400 mg	*
Rhodiola (<i>Rhodiola rosea</i> L.) Root Extract [standardized to 1% (1 mg) salidroside and 3% (3 mg) rosavins]	100 mg	*

Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, silica, and magnesium stearate (vegetable).

Directions: Take two capsules two times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: Consult your healthcare practitioner before use. If taking heart medications or have a chronic health condition, please inform your healthcare practitioner.

Storage: Keep tightly closed in a cool, dry place.

†Capsules are composed of plant-derived ingredients.

††An asexual derivation of *Cordyceps sinensis* reported by the Institute of Microbiology, the Chinese Academy Sciences, Beijing, PRC.



Adreset is designed to build resilience and enhance stamina in individuals who are feeling weak and fatigued due to stress.*

Benefits:

Helps address feelings of physical fatigue associated with prolonged stress*

Features herbs that support an adaptive response to stress through their influence on the HPA axis*

Features concentrated adaptogens, including ginseng root, cordyceps, and rhodiola extracts, used to address multiple body systems involved in the stress response*

Q. How does Adreset® compare to other products or approaches?

This product contains only natural ingredients for a safer approach. It provides botanicals with time-tested traditional use that suggest value in modern clinical experience for strategic stress response support. Herbal supplements often come with added quality concerns, but Metagenics takes added measures on all herbal products for quality assurance. This formula is also suitable for vegetarian use.*

Q. How does Adreset® work?

It provides standardized herbal extracts to support an adaptive response to common environmental stressors, and support multiple body systems during times of stress. This formula is also designed to build resilience and enhance stamina in those with stress-related fatigue.*

Q. How long is Adreset® typically recommended?

This formula was designed for strategic, short-term support for energy during times of stress. Individual results and recommendations may vary based on your individual needs. For best results, follow your health care professional's guidelines.*

Q. Who would benefit from Adreset®?

Health care professionals typically recommend this product for those who are "stressed and tired"—feeling weak and fatigued due to stress.*

Q. Why is Adreset® safe?

It contains a blend of natural ingredients with an excellent safety profile. Plus, Metagenics' manufacturing facility has 3 certifications for good manufacturing practices to ensure the highest quality. For a higher degree of reliability and predicted safety, Metagenics herbal formulas are evaluated by our MetaBotanica® Method to assure quality and the presence of active factors for optimal effectiveness.*