

## Mellow Mood™

with GABA

- Promotes calmness and mental clarity\*
- Contains B vitamins, GABA, and L-theanine to promote a healthy mood\*
- Freshness, potency, and purity guaranteed

Naturally combat stress or negative feelings. Mellow Mood is a multi-nutrient formula that contains B vitamins, GABA, and L-theanine to promote a better frame of mind and a relaxed state of being, which can be important to both mental and physical health.\* Life can be full of stress, but you don't have to be. Make Mellow Mood part of your daily routine.

1 Capsule Provides	
Vitamin C (ascorbic acid)	90 mg
Thiamin (Vitamin B-1)(from thiamin HCl)	10 mg
Riboflavin (Vitamin B-2)	10 mg
Niacin (as niacinamide)	25 mg
Vitamin B-6 (as pyridoxine HCl)	25 mg
Folate	200 mcg
Vitamin B-12 (as cyanocobalamin)	50 mcg
Pantothenic Acid (from d-calcium pantothenate)	10 mg
Magnesium (from Mg oxide and Mg citrate)	50 mg
L-Theanine	100 mg
GABA (Gamma Aminobutyric Acid)	200 mg

4482-2b



Size	Code
60 Capsules	4482
120 Capsules	4483

**GABA:** helps maintain mental focus and a relaxed, calm mindset\*

**L-Theanine:** an amino acid that promotes relaxation and helps reduce stress\*

**B-Complex Vitamins:** help support energy levels, mental sharpness, and mood health\*

**Vitamin C:** an antioxidant that can help elevate mood and reduce stress\*

**Magnesium:** works together with B-complex vitamins to help reduce stress and anxiety\*

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.