



Disclaimer: The statements and information upon this website have not necessarily been evaluated by the Food and Drug Administration. The products featured are not intended to diagnose, treat, cure or prevent any disease. Consumers should always consult their own medical practitioner(s) with any medical or health concerns before starting any new diet, product or supplement.

B COMPLETE 50

Supplement Facts		
Serving Size 1 Tablet		
	Amount Per Tablet	% DV
Thiamin (Vitamin B-1)(as thiamin HCl)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as niacinamide)	100 mg	500%
Vitamin B-6 (as pyridoxine HCl)	50 mg	2500%
Folate (folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic Acid (as d-calcium pantothenate)	200 mg	2000%
Choline (from choline bitartrate)	50 mg	**
Inositol	50 mg	**
PABA (para-aminobenzoic acid)	50 mg	**

** Daily Value (DV) not established

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid (veg.), magnesium stearate (veg.), silicon dioxide, ethylcellulose.

- Promotes energy production
- Supports nervous system health
- Essential for red blood cell formation
- A balanced blend of the important B vitamins in every tablet
- Freshness, potency, and purity guaranteed

Carlson B Compleet 50 is a balanced blend of the important B vitamins, which supports healthy energy production, nervous system health, and red blood cell formation.

Warning: Do not take B Compleet 50 if you're pregnant or nursing.

This product is tested by an independent, FDA-registered laboratory for freshness, potency, and purity.



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