



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure or prevent any disease.



## Essential Woman Softgels

Supplement Facts		
Serving Size 3 Softgels (3 g)		
Servings Per Container 40		
	Amount Per Serving	% Daily Value
Calories	30	
Calories from Fat	25	
Total Fat	2.5 g	4%*
Saturated Fat	0 g	0%*
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	0 g	†
<b>Omega-3 Polyunsaturated Fat:</b>		
Alpha Linolenic Acid (LNA)	1200 mg	†
<b>Omega-6 Polyunsaturated Fat:</b>		
Linoleic Acid (LA)	470 mg	†
Gamma Linolenic Acid (GLA)	19 mg	†
<b>Omega-9 Monounsaturated Fat:</b>		
Oleic Acid	380 mg	†
Saponins:	5 mg	†
Isoflavones:	5 mg	†

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.  
† Daily Value not established.



**INGREDIENTS:** Essential Woman oil blend (flaxseed oil, soy isoflavones, evening primrose oil, flaxseed particulates, rosemary extract, and ascorbic acid) and softgel (gelatin, glycerine, water, sorbitol sorbitan solution, and caramel color).

- Designed for Beauty and Balance from Within
- Made with Flaxseed Oil, Evening Primrose Oil and Special Plant Phytonutrients
- Supplies Omegas 3, 6 and 9 and GLA (Gamma Linolenic Acid)
- Promotes Hormonal Balance and Internal Moisture\*
- Supports Healthy Hair, Skin and Nails\*
- Vegan, Non-GMO, Gluten Free

Perfect for those who prefer softgels to liquids, this product features our precise blend of flaxseed oil, evening primrose oil and lignans to support hormonal balance - in the convenience of a softgel.