

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

UltraMeal® Plus

MEDICAL FOOD

Natural Dutch Chocolate Flavor

Servings Per Container: 14 (by weight)

Serving Size: About 2 Scoops (48 g)

Ingredient	Amount	Daily Value
Calories	150	
Total Fat	2 g	
Saturated Fat	0.5 g	
Trans Fat	0 g	
Cholesterol	0 mg	
Sodium	170 mg	
Potassium	660 mg	
Total Carbohydrate	22 g	
Dietary Fiber	4 g	
Sugars	16 g	
Protein†	15 g	
Vitamin A	1750 IU	35%
Vitamin C	60 mg	100%
Calcium	600 mg	60%
Iron	4 mg	20%
Vitamin D	40 IU	10%
Vitamin E	11 IU	35%



Ingredients continue:



Genetic Potential Through Nutrition

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Ingredients continued:

Ingredient	Amount	Daily Value
Thiamin	0.75 mg	50%
Riboflavin	0.85 mg	50%
Niacin	10 mg	50%
Vitamin B6	25 mg	1250%
Folate (as folic acid and L-5-methyltetrahydrofolate ^{††})	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	30 mcg	500%
Biotin	150 mcg	50%
Pantothenic Acid	5 mg	50%
Phosphorus	500 mg	50%
Iodine	75 mcg	50%
Magnesium	190 mg	50%
Zinc	9 mg	60%
Copper	1 mg	50%
Manganese	0.7 mg	35%
Chromium	100 mcg	80%
Isoflavones	17 mg	*
Plant Sterols (including beta-sitosterol and other plant sterols)	2000 mg	*

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Ingredients: Soy protein isolate† (soy), fructose, Dutch processed cocoa powder, plant sterols (soy), dicalcium phosphate, natural flavors, soy fiber (soy), magnesium citrate, inulin, potassium chloride, lecithin (soy), vitamin and mineral blend (ascorbic acid, zinc gluconate, pyridoxine HCl, rice maltodextrin, d-alpha tocopheryl acetate, D-biotin, niacinamide, retinyl palmitate, copper gluconate, D-calcium pantothenate, methylcobalamin, thiamin HCl, riboflavin, potassium iodide, chromium picolinate, L-5-methyltetrahydrofolate, and cholecalciferol), olive oil, xanthan gum and guar gum. **Contains: Soy.**

NOTICE: THIS PRODUCT IS TO BE USED UNDER THE DIRECT SUPERVISION OF A PHYSICIAN OR OTHER LICENSED HEALTHCARE PRACTITIONER. DO NOT ENGAGE IN ANY DIET SUPPLYING LESS THAN 800 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

Directions: Take one serving twice daily, or as directed by your healthcare practitioner. Blend, shake, or briskly stir 2 level scoops (48g) into 8 fluid ounces of chilled water.



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This product is gluten free.

Caution: If pregnant or nursing, taking other nutritional supplements or medications, consult your healthcare practitioner before use.

Storage: Keep tightly closed in a cool, dry place.

Tamper Evident: Do not use if safety seal is missing or broken.

Contents sold by weight, not volume. Some settling may occur during shipping and handling. Serving size is measured by weight with a scoop included for your convenience. The amount of product contained in 2 scoops may be above or below 48 grams due to variations in handling and product density.

This product contains no high fructose corn syrup.

† Non-Genetically Engineered, Identity-Preserved Soy Protein

††As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904

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UltraMeal® Plus is a medical food formulated to nutritionally support the management of conditions associated with altered metabolic function. This formula is appropriate for use with patients who may be metabolically challenged by obesity, metabolic syndrome, or have compromised cardiovascular function. UltraMeal Plus features a proprietary soy protein and plant sterol blend with a low glycemic index. Foods containing at least 0.65 g per serving of plant sterol esters, eaten twice a day with meals for a daily total intake of at least 1.3 g, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Calcium L-5-methyltetrahydrofolate (L-5-MTHF) used to promote healthy homocysteine levels for cardiovascular health.

Q. How long is UltraMeal® typically recommended?

For cholesterol management, the NIH advises a 12-week follow-up for blood work to measure lifestyle therapy effectiveness. With this program, many people report changes such as increased energy and reduced waist size in just a few weeks. Those monitoring blood sugar at home may notice improvements soon after starting the program. This product may also be recommended for long-term support. Follow your health care provider's recommendations for best results.